

Acupuncture Treatments for Musculoskeletal Pain-The Upper Body *Workshop*

DAVID LEGGE will be presenting a workshop on *Acupuncture Treatments for Musculoskeletal Pain*.

Musculoskeletal Pain is overwhelmingly the Number One condition most patients present with in clinic. These hands-on workshops are specifically tailored for acupuncturists to get the most effective results for their patients.

David has spent his working life exploring how to get the best from both a Chinese medicine and an anatomical perspective when treating musculoskeletal disorders. He has lectured widely in Australia, the USA and Europe at both undergraduate and post-graduate levels. He has written three best-selling textbooks and one set of charts.

A workshop with David involves detailed practical instruction in the specific needle techniques he has found to be effective. There will be ample opportunity to practice those techniques under supervision.

These workshops were previously presented to sell-out capacity in Australia and USA - Don't miss out!

See here for an interview with David Legge:

<https://www.youtube.com/watch?v=VNWeJeIMmpM>

This workshop is the first of a series of **two** which will explore the treatment of the musculoskeletal system with acupuncture. Each workshop will cover the treatment of a specific region.

All the common and some not so common presentations will be discussed from both Chinese medicine and anatomy based perspectives.

The relevant anatomy and diagnostic procedures, including physical examination will be presented. Specific needle techniques will be demonstrated and treatment strategies detailed. There will be an emphasis on the integration of clinical understanding with treatment technique to improve your clinical results.

The Upper Body Workshop

a) The shoulder, neck and head – Saturday 12 May 2018

b) The upper limb and putting it all together in practice – Sunday 13 May 2018

Time: 9:30am -5pm

Venue: The NZ school of Acupuncture and Traditional Chinese Medicine, 382 Manukau Rd, Epsom, Auckland 1023.

Register link: <http://eepurl.com/dbatNv>

Bank Account number and invoice will send to your email once you have registered.

Full Fee : \$690 inc GST

Very early bird: \$600 inc GST before 22/02/2018

Early bird: : \$650 inc GST before 22/03/2017

AcNZ and NZASA have approved 12 CPD

Contact: Szenan Phua

Email: drphuabalance@gmail.com

Text or call: 021 449 348



About David Legge

David Legge has practised as an acupuncturist and osteopath for 30 years specialising in the treatment of painful musculoskeletal conditions. He is the author of the popular text 'Close to the Bone' and has published the handbook 'Acupuncture Points and Meridians' and a set of Trigger Point Charts. He has taught widely in Australia, the US and Europe.

David has spent his working life exploring how to get the best from both a Chinese medicine and an anatomical perspective when treating musculoskeletal disorder. An important recent step was the recognition that the JingJin theory could be used to describe the approach to treating muscular disorder that he had slowly developed over years of practice. Unfortunately, the poor traditional descriptions of the pathways was a hindrance to effective use of the system in the clinic. This led to a re-examination of the pathways in the light of contemporary knowledge of the structure & function of the muscular system.