

智能氣功

Zhineng Qigong Healing Workshop



*With an inspiring Qigong teacher couple, Lu and Ling,
from the Harmonious Big Family in China*

**Weekend, 3 ~ 4 March, 9am ~ 4:30pm, 2018
Papanui High School Hall
30 Langdons Road, Christchurch**

**Gentle, Flowing Meditative Movements
with Energy Healing**

*Align your body, heart and spirit with Dao,
returning to a state of Oneness with our universe*

Full fee: \$180

Earlybird: \$150 before 15 Jan 2018

Full-time student or Community or SuperGold card holder: \$120

Registration closing date: 15 Feb 2018

To secure your earlybird fee, register now at sandyjsky@gmail.com

And pay directly into BNZ account: 02-0800-0681019-025

For more information: www.daohearts.com or www.qigongtrust.org.nz

Outline of the Lecture and Practice

Looking at the root of illness and life's situation from an entirety viewpoint

Discover a great natural "medicine" – an advanced preventative medicine

Jing-Qi-Shen, the complete healing art and science

Practising the healing techniques – strong inner Gong, DEE (LQUP) ...

Open the heart: be happy in the present moment of pure consciousness

Inner Joy, Abundance and Relaxation

"After practising Zhineng Qigong, my cancer disappears. In the practice, I feel protected, joyful, safe, and more energy. Healing comes naturally when we get out of the way and go beyond our attachments. Our new life is starting Now!"
~ Luise Kohl-Hajek, Germany

"The movements stretch every muscle in my body although they look very simple. My muscles feel stronger, and I am mentally stronger too. While practising, I feel the sense of "unity with the universe.""
~ Susan Sky, NZ

"In my practice of Chinese medicine, I quickly realised that if I were to seriously continue this work I needed some form of nourishment beyond water and food. From my very first experience in Zhineng Qigong class, I discovered that I could replenish my Qi (energy) myself and am no longer that deflated balloon when I treat a patient. Instead, the strength of good health, energy and clarity course through my being. I am deeply grateful."
~ Joan Kollmann BHSC Acupuncture, NZ



Teacher Wang Lingling

Ling graduated from the Teacher Academy in Huaxia Zhineng Qigong centre China, 1997. She is very compassionate. She is devoted to Zhineng Qigong and dedicates her life to the practice and to helping others.

Teacher Lu Zhengdao

Lu graduated from the Teacher Academy in Huaxia Zhineng Qigong centre China, 1995, one of only two intakes that were mostly personally taught by Professor Pang Ming, the founder of Zhineng Qigong. After graduating, he worked as Professor Pang's teacher assistant in the Teacher Academy. He has excellent healing abilities and is an acclaimed speaker and lecturer.

