



# Reconnecting Bao and Dai Mai

Want more variety in your toolbox?  
to ramp-up clinical results?

Like to heal your own body and soul?

Simple natural solutions to release Stuck Qi/Blood allow the 8 Extras to flow easily again.

**NZ – 25/26th May - 'The Stables', Lyttleton**

**AUSTRALIA – 8/9 June - Coorparoo Brisbane**



Do you suspect that scars/adhesions/life residue /visceral malposition and structural misalignments get in the way of your otherwise brilliant work?

Do you see people who are, or who feel stuck and can't seem to move past this?

Do you work with post accident/trauma/surgery/birthing incidents &/or "hard cases"?

**Would you like to see magic happen at work?**

East Asian Traditional Medicine tells us that emotions are seen as a primary cause of life disruption and thus dis ease. We know the 8 Extras store perverse Qi as a reservoirs.

So many carry substantial angst/grief/shame and guilt. Texts cannot take the place of lived experience. Let us unburden the body.

After my decades of combining a hands-on approach I have discovered simple solutions.

## What you will learn

- How to shift Stuck Qi and lymph flows.

## Covered

- Shock/Trauma release
- Stuck Belly Blood
- Scars and adhesions
- Visceral displacement (leading to digestive - GERD/leaky gut and pelvic and uterine woes: ovarian depletion and tubal problems)
- Perineal Steaming and lots more . . .

**Declutter. Reset. Restore.**

Take out what was not meant to be there.

Return calm to allow the blueprint to follow through.

**Body heals itself.**

In this experiential weekend we will work sequentially through a simple protocol - that anyone can use in clinic the following day. This course is designed to begin to undo what has tied the body up in knots.

## This course will also address:

- Broken hearts
- Fractured sense of self
- Body distress
- Uterine malpositioning
- Pelvic Pain & Instability

**Allow your acupuncture to take giant leaps.**

Designed for acupuncturists who wish to delve deeper.

**BE QUICK - LIMITED NUMBERS - ONLY 10 PARTICIPANTS**

<https://heatherbrucehealing.com/heathers-gentling-way-part-1/>

## Email/queries:

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## About the presenter:

Heather Bruce is holistic practical problem solver using acupuncture and her own brand of channel changers: playing with, and transforming 'hopeless' cases for decades. Teaching/mentoring those who seek the elder's ways for these troubling times - Soul centered heartfelt hands <https://gentling.heatherbrucehealing.com/>