

**FREE sign up to get TCM Tips for Fertility and Women's Health from Kirsten Karchmer.**

Click now to sign up <https://fe413-084d39.pages.infusionsoft.net/>

Also don't miss out for Kirsten's workshop.

keep reading to find out more about Kirsten Auckland workshop in Nov 2018. ....

---

**Do you also WANT to.....**

- Improve your clinical outcomes.**
- Significantly improve your knowledge of women's health and fertility.**
- Add more precision to both your diagnoses and treatment plans.**
- Learn a way to systematically evaluate your treatments for efficacy.**
- Simplify, simplify, simplify.**
- Grow your practice in both patient numbers and revenue.**
- Develop systems to reduce the stress of running a busy practice.**
- Develop systems to allow you to easily hire and train associates in a very short amount of time to diagnose and prescribe as well as you.**

If you answer is “Yes” to any of the above. Please click [here](#) now and pre-book your VERY early bird seat.

**Don't miss this rare opportunity to spend 2 full days with world renowned Women's Health Expert, Kirsten Karchmer. She is the former President of the ABORM, the founder of one of the oldest and most successful reproductive acupuncture clinics in North America. Kirsten also translated what she learned in over 20 years of clinical practice with over 10,000 infertility cases into the award-winning tech program Conceivable and is now launching a sister company for general women's health called Vivwellness. She also developed a proprietary**

**modular herbal tincture line for women's health called Conceivable and for non specialist Viv.**

**In the course we will cover Kirstens entire system for Quantified Constitutional Diagnosing and spend a significant amount of time actually practicing with real case studies so that at the end of the weekend, you will be able to diagnose and treat both fertility and women's health issues with the confidence of a 20 year veteran.**

**NOTE: A significant amount of time will be practicing the strategies and getting feedback. It is really important to me that by the end of the course, you have significantly improved your skills and can take them back into your clinic the next day!**

**What are included in this 2 day workshop:**

- 1. Introduction to the overall system and philosophy behind our novel approach.**
- 2. What is Quantified Constitutional Diagnosing? Why should you use it in your practice? What are the key components? How do we measure success? How do we use it to infuse precision to both our diagnoses and treatment plan aka, stop guessing. :) How do we use QCD to drive the modifications of our treatment plans as our patients progress?**
- 3. The Conceivable Cycle. Learn the optimal menstrual cycle and BBT's for optimal health. In internal studies, the Conceivable cycle was a very accurate predictor of natural pregnancy, so it is the barometer Kirsten uses for patient progress.**
- 4. A new look at Basal Body Temperature charting. Kirsten has pioneered and patented an improved approach to BBT that allows you to not only improve your diagnosing skills but also use it as a feedback mechanism to measure your treatment outcome success.**
- 5.The consultation. Making an accurate and effective Constitutional diagnosis depends on the quality of data you collect and how you organize it from the start.. Learn how to modify your intake forms to streamline the process and focus on what matters and how to ask better questions that will drive better outcomes, and practice growth.**
- 6. Making the Quantified Constitutional Diagnosis. Bring all the pieces together**

from signs and symptoms, cycle parameters, lifestyle, and BBT to make the QCD.

**7. Herbal prescribing.** After you have made the QCD, learn the system for applying it to the phases of the menstrual cycle and simplifying your herbal prescribing and management while significantly improving your patient outcomes.

**8. Lifestyle and diet prescribing.** Now you can use the QCD to determine what lifestyle and dietary changes you want to recommend in a much more precise manner which reduces info overload to your patients and improves patient retention.

**9. Checking your work.** How do you know if it is really working? And, by what percent? And, how do you know EXACTLY what worked and didn't and what to do next? This is one of the most over looked step in clinical practices but can make the biggest in improving patient outcomes.

**10. Rinse, repeat.** How you put this system to work in your practice in a way that it is extremely clinically effective and can be easily reproduced by associates.

**Date:** 17-18 November 2018 (Sat-Sun)

**Time:** 9:30am -5pm (9am registration)

**Speaker:** Kirsten Karchmer

**Venue:** To be confirm

**Register link:** <https://fe413.infusionsoft.com/app/form/fertility-women-health-2018-workshop1>

**\*Bank Account number and invoice will send to your email once you have registered.\***

**Full Fee :** \$790 inc GST

**Early bird: :** \$700 inc GST before 20/09/2017

**Very early bird:** \$650 inc GST before 20/07/2018 (DON'T MISS OUT)

AcNZ and NZASA approved **12 CPD**

## Who is Kirsten Karchmer?

Kirsten Karchmer, MSOM, LAc (FABORM) Founder and Clinical Director

Kirsten Karchmer is a Board Certified reproductive acupuncturist and former President of the American Board of Oriental Reproductive Medicine. She pioneered proprietary infertility assessment and treatment protocols that optimize fertility while improving patients overall health. She is also the CEO & Founder of Conceivable, a technology enabled fertility solution at 1/100 the cost of IVF, and Viv Wellness, a woman's health revolution committed to eradicating PMS and cramping.

In 2013, Kirsten translated her successful clinical programs into her technology enabled platform that uses machine learning/ AI to provide affordable and impactful reproductive solution. Conceivable was named one of the most innovative health tech start ups from MedTech in 2015, and has been featured in The New York Magazine, Tech Crunch, and MHealth. She is also a Huffington Post contributor.

Karchmer lectures internationally on women's health, the future of integrative medicine, and using technology to better serve patients, providers, and healthcare systems. Kirsten has been recognized as one of the top female start-up founders to watch, the recipient of the Texas Trailblazer award for her innovation in health care.

### Education

- Masters of Oriental Medicine, AOMA Graduate School of Integrative Medicine
- The University of Texas at Austin, Masters of Education in Linguistics
- The University of Texas at Austin, Bachelors of English and French

### Certifications

- President, American Board of Oriental Reproductive Medicine (ABORM®),
- Board Certified by the National Commission for the Certification of Acupuncture and Oriental Medicine (Dipl. O.M.®)
- Licensed by the Texas Medical Board
- 

**Contact: Szenan Phua**

**Email:** [drphuabalance@gmail.com](mailto:drphuabalance@gmail.com)

**Text or call: 021 449 348**