

Heiko Lade - Biography

In 2024 it will be 40 years since Heiko first started practice. In 1984 he graduated with a diploma of TCM from the NSW College of Natural Therapies and then worked in Hangzhou, China. Upon return from China he started working in a Chinese herb shop in Sydney's Chinatown where he was mentored by Kevin Zheng Ping Lu for 15 years. Upon moving to New Zealand he lived and worked in Dunedin, Christchurch and now resides in Hawkes Bay. Over the years he studied a number of styles of acupuncture including Tohohari, Manaka, Ikeda Sensei, electro-acupuncture, Motor Points and sports medicine acupuncture culminating in the study of Tung acupuncture. In addition, he has continued to study herbs and is predominantly focused on the Shan Han Lun formulas. In his practice he also uses external qi gong healing to complement the treatments.