

## **Mike Boyang Yin – Abstract**

Classic formulas are increasingly being used by TCM practitioners worldwide due to their outstanding therapeutic effects, efficient dialectical methods, and syndrome differentiation strategies. However, because classic formulas differ from mainstream TCM theory, they can be challenging for learners to understand. Therefore, understanding the historical development of classic formulas is crucial for better learning and mastering their use. There are relatively few English language references in this field, which poses a challenge for English-speaking learners of classic formulas. This lecture provides a detailed overview and summary of the historical origins and development of classic formulas, as well as a comparison and analysis of many historical documents that record their use. The aim is to give readers a comprehensive understanding of classic formulas and to help them find an efficient way to learn and practice using them.

This lecture will cover the following topics

1. The relationship between classical formula and contemporary formula;
2. The historical evolution of classical formula;
3. The characteristics of the theoretical framework of classical formula;
4. A comparison of different classical formula texts