

# Constitutional Facial Acupuncture TM

### 3rd-5th October 2025

We return to Aotearoa: Venue TBA Auckland, New Zealand 9:00 am — 6:00 pm \$1,888 NZD - early bird \$1668 (1/9/25)

Mary Elizabeth Wakefield, L. Ac., M. S., M. M.

THE NEW PROTOCOLS featuring:

Ms. Wakefield is a leading international authority in facial acupuncture, and one of only two American acupuncture educators ever to be awarded the title of Educator of the Year by the AAAOM.

Join us live for an interactive presentation with Ms. Wakefield, including real-time demos and the chance to engage directly with the teacher.

A3-day certification series based upon information and protocols found in the 5-star rated Constitutional Facial Acupuncture (Elsevier UK, 2014)

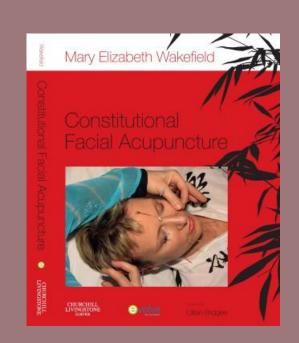


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#### NZD \$1,888

Early bird rate: until 1/9/25 NZD \$1,668 Hold your space with an NZD \$150 non-refundable deposit

\*We recommend that you invest in Mary Elizabeth Wakefield's Elsevier book, Constitutional Facial Acupuncture prior to the event; she will be happy to autograph your book at the seminar.



## In this three-day certification series, you will learn the following: there are materials that do not appear in the book!!

Learn to treat 12 key facial areas using gentle origin/insertion muscle techniques.

This training integrates three levels of constitutional treatment:

#### 1. Jing:

- Explore the Eight Extraordinary Meridians and their link to the endocrine system.
- Understand how each pathway relates to TCM patterns, emotions, syndromes, and facial imbalances.

#### 2. Ying:

- Work with the 12 Regular Meridians, Five Phases, and Yin-Yang pairs.
- Apply Japanese, Vietnamese, and TCM protocols (including Ms. Wakefield's) to treat conditions like adrenal fatigue, addiction, and hypertension.

#### 3. Wei:

• Use Tendomuscular channels and specific points (trigger, motor, 'ashi') to address musculoskeletal patterns like "Coat Hanger" and "Wandering Skirt" syndromes.

#### Also included:

Psychospiritual approaches using 3 Shen scalp treatments with essential oils.

Practical guidance on benefits, contraindications, treatment planning, timelines, and long-term maintenance.

#### **Practical Essentials:**

Key benefits, contraindications, treatment guidelines, timelines, and short- and long-term effects for facial, constitutional, and psychospiritual care.

#### **Herbal Integration:**

Step-by-step use of needling with topical Chinese herbs, masks, poultices, natural skincare, essential oils, jade rollers, and gem discs.

#### **Clinical Wisdom:**

Insights from Ms. Wakefield's 35+ years of hands-on experience.



For biographical information on Mary Elizabeth Wakefield, please

visit
her web site at:
www.facialacupuncturewakefieldtechnique.com

## Who should attend?

#### This training is ideal for both practitioners and students who:

- Are looking to deliver facial acupuncture treatments that meet international standards.
- Are passionate about making Facial Acupuncture a central part of their current or future practice—these seminars are a must.
- Want to approach the face as part of a whole-body system, incorporating facial work into a broader, holistic treatment strategy—and vice versa.
- Are excited to develop new skills in an inspiring and enjoyable learning environment, guided by dynamic, internationally acclaimed presenters.
- Are eager to deepen their existing facial acupuncture knowledge or gain entirely new techniques to expand their clinical toolkit.
- Have long hoped to study with the original innovators of Facial Acupuncture education in New Zealand—now's your chance to learn from the best and bring that excellence to your own clinic.
- Are part of the new wave of Facial Acupuncture educators—come reconnect with your roots and continue your journey with the mentors who helped shape this field. We'd love to welcome you back!

#### **Included in the seminar:**

- Handouts (booklet),
- Seirin needles,
- Chinese herbs,
- Essential oils,
- Creams,
- Jade rollers, etc., used in the treatments,
- PDAs.



Cancellations in writing will be accepted until 30 days prior to the first day of the event.

Should a live seminar prove to be impractical, the event will be taught over Zoom at a time mutually agreed upon by all parties.



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