

Opening to the Source

Li Shizhen's Exposition on the Eight Extraordinary Vessels in Clinical Practice

You will receive hands-on instruction in the following:

- An overview of Li Shi Zhen's text and other material on the extraordinary vessels
- Channel listening, quality of contact, extraordinary vessel pulse diagnosis
- Manual thermal diagnosis
- Cranial rhythmic impulse
- Fluids and fluid tides
- General and local listening techniques
- Precision in point location
- Refinement in needle technique using both contact needling and insertion techniques
- Extraordinary Vessel Meditation Set

Li Shizhen's Exposition on the Eight Extraordinary Vessels (Qijing baimai kao, c. 1576) is the seminal work on the extraordinary vessels, combining discussions of acupuncture, herbal medicine and internal alchemy. Although it is widely cited in other sources, it is rarely considered on its own merits. Over the centuries much has been written about the extraordinary vessels, what they do and how to use them.

This workshop will allow you to experience these vessels in a practical manner. The palpatory techniques presented in this training provide an invaluable bridge between an arcane aspect of medical literature and their concrete application in clinical practice.

A central premise of the text is that, to hope to realize the extraordinary vessels' full therapeutic potential, physicians must have some understanding of their chemical aspects. From Li's perspective, this hinges on the skillful use of attentive stillness. The palpatory techniques presented in this training are rooted in this very same appreciation for stillness.

Melbourne:

Saturday 4th, Sunday 5th and Monday 6th February 2012
Australian Shiatsu College, 103 Evans Street, Brunswick,

Sydney:

Friday 17th, Saturday 18th & Sunday 19th February 2012
Sydney Institute of Traditional Chinese Medicine,
Level 5, 545 Kent Street, Sydney

About Charles Chace

Charles (Chip) Chace is a graduate of the New England School of Acupuncture (1984). He maintains a highly successful clinical practice in Boulder, Colorado and he is a faculty member at the Seattle Institute of Oriental Medicine where he teaches both acupuncture and Chinese herbal medicine.

Chip has been studying Chinese Medicine and palpation based forms of acupuncture for over 25 years and is thus, uniquely positioned to teach these workshops. Complementing this is Chip's longstanding interest in the palpatory techniques of cranial osteopathy and their adaptation to acupuncture.

In addition, Chip is a committed student of Classical Chinese literature. He has published extensively on the application of pre-modern Chinese medical ideas to modern clinical practice in the West.

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